



Wishing you a  
Happy & Healthy  
New Year!

Greetings,

I would like to start by saying Thank You. 2011 was an incredible year for the Retreat. We were able to serve thousands of victims of domestic violence and we wouldn't have been able to do it without you.

This year, we are celebrating 25 years of providing hope, inspiration, support and courage to those in our community affected by domestic abuse. The Retreat began in 1987 by a small group of community leaders who realized the need within the community. With initial funding from the East Hampton Rotary, the Retreat has been a safe haven for women and children and has been expanding its services ever since. 2012 will be a year-long celebration and we hope you will take part in the many different events and opportunities we'll be offering to support the agency so we can continue to be here for another 25 years.

The women and children affected by domestic violence need you. The Retreat needs you. I look forward to working with you in the New Year.

Sincerely,

Jeffrey Friedman  
Executive Director

## Planning Ahead

After months of planning, the Board of Directors and the entire staff of The Retreat met with the president and representatives of the Matthews Consulting Group, an Atlanta-based management consulting firm that helps organizations implement strategic change and improve performance. Our goal is to engage the Board and our supporters in strategy implementation; diversify our funding capabilities; stabilize our core funding resources; and engage a younger population in support. Stay tuned as we solidify a strategic plan in 2012!

## 2011 Adopt a Family Program

A big Thank You to all of the generous donors who made 55 families holiday a bit brighter this year. There were many tears of happiness when the women picked up their gifts this season. Many said that they would not have had a holiday if it weren't for the support of the Retreat.



This cute house, created to resemble our logo, was made by one of our donors of the the Adopt a Family Program. They filled the house with gifts, the stockings were stuffed with cookies, and the hearts contained gift cards!

Several of the donors included a personal note to the moms. Here is an excerpt from one of them:

"I wanted to express to you personally how much I appreciate and respect you for putting your kids first, despite the sacrifices it takes. Keep that as a beacon of guidance and you will go far. Every journey begins with a single step!"

### Introducing the Retreats new website!

Be sure to check out the [Retreat's new website](#)- launched January 2012!

For 25 years the Retreat has been providing domestic violence services and education to families on the East End of Long Island. Programs include a residential shelter for women and children, a 24-hour domestic violence hotline, individual and group counseling, legal advocacy for all victims of domestic violence and a violence prevention education program taught in our local schools. All services are free of charge.

The Retreat  
13 Goodfriend Drive

East Hampton, New York 11937  
631.329.4398  
24- Hour Hotline 631.329.2200  
[www.theretreatinc.org](http://www.theretreatinc.org)

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